

Pirton - Long Term PE Plan Overview 2015-2016

	<u>Class 1</u>	<u>Class 2</u>	<u>Class 3</u>	<u>Class 4</u>	<u>Class 5</u>	Whole School
Autumn 1 st	Circuit training Rugby theme	Circuit training	Competitive Games – rugby, netball, football	Competitive Games – rugby, netball, football	Swimming Competitive Games – rugby, netball, football	Rugby World Cup event
Autumn 2 nd	Gym – Basic Moves – balance, agility and coordination	Gym – Basic Moves – balance, agility and coordination	Swimming Gym – flexibility, strength, technique, control and balance	Gym – flexibility, strength, technique, control and balance	Gym – flexibility, strength, technique, control and balance	Cross Country – House Event
Spring 1 st	Dance – movement patterns	Dance – movement patterns	Outdoor and adventure	Swimming Outdoor and Adventure – individual and team	Outdoor and Adventure – individual and team	KS1 – Dance event
Spring 2 nd	Yoga	Swimming Yoga	Yoga/Dance/Movement	Yoga/Dance/Movement	Yoga/Dance/Movement	
Summer 1 st	Swimming Team Games	Team Games – attacking and Defending	Team Games – rounders, tennis, cricket	Team Games – rounders, tennis, cricket	Team Games – rounders, tennis, cricket	House Rounders Tournament
Summer 2 nd	Athletics – running, jumping, throwing Sports Day	Athletics – running, jumping, throwing Sports Day	Athletics – running, jumping, throwing Sports day	Athletics – running, jumping, throwing Sports Day	Athletics – running, jumping, throwing Sports Day	KS1/KS2 2016 Olympics Day Sports Day