

Absorption

You look as though you are really enjoying that.....

What do you really like doing? What makes you get absorbed in it?

What did it feel like last time you really got into something? What do you think made you feel like that?

What do you like about.....? What would make you like..... in the same sort of way?

What can you find out about.....?

It feels good when you really get into an activity.

Some language pointers!

When you use this learning muscle, you...

- Become engrossed in what you are doing.
- You may not be aware of the passing of time.
- Find being absorbed satisfying and rewarding.
- **Like** the feeling of being stretched in your learning.

Being able to lose yourself in learning – becoming absorbed in what you are doing; engrossed and attentive.

Ways that we can foster the skill of Absorption:-

- Go with the children's learning and follow absorption. Allow children time to explore and follow their interests.
- Role model the enjoyment of learning. Try out new approaches and new technology and share the awe, wonder and excitement. If the children are excited, they will learn more!
- Engage children in activities through discussion.
- Make what good learners do explicit to children and **treat learning as a reward in itself and not just praising the outcome.**

